**Curriculum Map - R-Time**

**Subject Intent:** At The Derby High School our R-Time curriculum is relevant with meaningful content enabling students to become healthy, independent and responsible members of society, now and in later life. It encourages students to take safe risks by building their confidence in, and understanding of a wide range of topics and themes that are well-planned and sequenced throughout key stages 3 and 4.

 Our vision is to offer a well-structured, relevant programme that is flexible enough to respond to the needs of our students and our local community. The curriculum will be flexible to respond to local, regional, national, and global events whilst meeting the statutory RSHE outcomes. Different Awareness Days will be addressed by every year group each half term.

Our programme promotes the values of establishing informed and active involvement in family, school, social, economic and civic life and ensures that students revisit each of the following core themes as they progress through school:

* ***Health and Wellbeing***
* ***Relationships***
* ***Living in the Wider World***

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **R****Real World****E****Engaging & Enriching****S****Skills for Life****I****Inclusive****L****Leadership****I****Independence****E****Encourages Reflection****N****Next Steps****C****Challenge****E****Ethics & Empathy** | **KS2 National Curriculum** | **Unit** | **7** | **8** | **9** | **10** | **11** | **Next Steps** |
| Children in primary schools have the same statutory requirements as those in secondary schools - with the content being delivered at an age-appropriate level.For Relationships Education the focus in primary school should be on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.For Health Education the focus in primary school should be on teaching the characteristics of good physical health and mental wellbeing. Teachers should be clear that mental wellbeing is a normal part of daily life, in the same way as physical health. | 1 | **Healthy Lifestyles**Factors affecting health and wellbeing | **Healthy Lifestyles**Emotional health and wellbeing | **Healthy Lifestyles**Emotional health and wellbeing - Appearance ideals | **Healthy Lifestyles**Human Growth and Development | **CEIaG**Post-16 Education | **KS5:** Key stage 5 is the last opportunity to ensure that students have real competence in the skills and strategies they’ve been developing throughout their **PSHE** education — and to extend the knowledge and understanding that they need to equip them for independent living and the next stage in their education or career. This will vary from each provider, however, it should be expected that the statutory requirements for KS3&4 are further developed and explored.**Careers:** We have a stable Careers Education Information and Guidance programme at The Derby High School delivered through the R-Time curriculum time. The information and guidance they receive at the different stages of their education journey aims to encourage students to see the relevance of their studies and ultimately obtain a meaningful career or occupation.  |
| **International Day of Democracy** |
| 2 | **Relationships**Friendships and Bullying | **Relationships**Relationships with Others | **Relationships**Personal, Intimate and Sexual Relationships | **Relationships**Living with a Disability | **Relationships**Unhealthy Relationships |
| **Anti-bullying week** |
| 3 | **Living in the Wider World**Personal Finance - Money Matters | **Healthy Lifestyles**Basic First Aid | **CEIaG**Option Choices | **Living in the Wider World**Personal Finance - Gambling | **Healthy Lifestyles**Stress Management |
| **LGBT+ History Month****Safer Internet Day** |
| 4 | **Healthy Lifestyles**Puberty | **Living in the Wider World**Current Affairs | **Living in the Wider World**Duke of Edinburgh Award | **Healthy Lifestyles**Physical Health and Fitness - Immunisation and Vaccination |
| **World Book Day****National Careers Week** |
| 5 | **Living in the Wider World**Enterprise Challenge | **Relationships**Online and the Media | **Relationships**Inclusion, belonging and addressing extremism | During the Summer Term Year 11 students will either further develop their study skills or take part in specialised intervention sessions identified for them. |
| **Mental Health Awareness Week****RRSA Articles Week** |
| 6 | **Relationships**Human Rights - The Rights of a Child | **Relationships**Child Exploitation**CEIaG**Employability Skills | **CEIaG**Employability Skills | **CEIaG**Careers Pathways |
| **RSE Day** |